

Perspectives on Parenting

2009-2010

Perspectives on Parenting seminars are a collaboration between EVHS's Student Services and Eastview's Parents Are Key (PAK).

PAK's goal is to foster a "community spirit" at EVHS that results in positive life choices. PAK will:

1. *Support and help educate the EVHS community in the area of safe, age appropriate social activities.*
2. *Help plan parent education and support opportunities.*
3. *Promote volunteering at EVHS and in our community.*

If you are interested in joining PAK or need information about any of the above aspects of PAK's Action Plan please contact Paula Zeilon (952) 423-7142.

Parenting Teens

Monday, October 5
Student Risk Behaviors & Prevention Programming in ISD196
EVHS, 7:00 p.m.

Greg Clausen, Coordinator of Prevention Services in ISD196, will talk about the risk behaviors our students are exhibiting, it's impact on learning, and the programming available for students and their families within the schools, district and community.

Monday, October 19
Managing Your Teenage Driver
EVHS Media Center, 7:00 p.m.

One of EVHS's Safety Education teachers gives you information about our driving training course, how you can help your student be a safe driver and tips on how to manage your teenage driver.

Saturday, November 7
Too Fast With Too Much: How to be a Grounded Parent in a Crazy World
EVHS, 8:30 a.m.

Join all parents of ISD196 students (birth through gr. 12) at the 4th annual FREE district-wide parenting conference with keynote speakers, many breakout groups, a resource fair and refreshments. Keynote speaker, Dr. William Doherty, will speak on Too Fast With Too Much: How to be a Grounded Parent in a Crazy World.

Tuesday, November 17
Sexting, Texting and Internet Safety
FRMS, 7:00 p.m.

Learn from a local internet and cell phone safety expert how to understand the cell phone and internet world of our children. Find out what's happening, how cell phones impact learning in our schools and why we should all be concerned.

Thursday, January 7
Been There and Should Have Done That -Reflections on Planning and Surviving the First Year of College
EVHS Media Center, 7:00 p.m.

Our panel of EVHS graduates will let students and parents in on the scoop of how to make the most of high school, how to choose a college, and how to survive the college experience (roommates, homesickness, partying and ...oh yeah, studying).

Monday, February 8
Parenting Teens with Attention Disorders (ADD and ADHD) from Middle School to College
FRMS, 7:00 p.m.

Sarah Lijja, metro area social worker, behavior specialist and expert on ADD and ADHD, will provide insight into parenting teens with ADD and ADHD and give advice on managing the academic and social world of students with attention disorders.

PLAN
For the Future

College Planning

Thursday, September 17
College Application Process for Seniors & Their Parents
EVHS Media Center, 7:00 p.m.

Seniors and parents of seniors are invited to an informational meeting that outlines the college application process including deadlines, letters of recommendation, college essays, etc.

Tuesday, October 20
College Financial Planning
FRMS, 7:00 p.m.

Questions about how to plan financially for college will be answered at this forum. This is an excellent opportunity for parents with students of any age.

Thursday, January 7
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EVHS Media Center, 7:00 p.m.

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Thursday, January 21
College Financial Aid (FAFSA, Loans, Scholarships & Grants)
EVHS Media Center, 7:00 p.m.

A Financial Aid officer from the University of St. Thomas will help you and your student understand the college financial aid process (FAFSA, loans, scholarships, grants, etc.). Students should attend.

Thursday, March 11
College Planning for Grades 9-11
EVHS PAC, 7:00 p.m.

Students in grades 9-11 and their parents are invited to an informational meeting that outlines the process for planning and preparing for their post-high school education. Topics include EVHS graduation requirements, ACT and SAT college entrance exams, college visits, resume, etc.