

TL, WV and CP Summer Food Program - 2017 Lunch MENU

• *OakRidge for first week Then Thomas Lake Elm School*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 19, July 17, July 31	June 20, July 18, And Aug 1	June 21, July 5, July 19 And Aug 2	June 22, July 6, July 20, And Aug 3	June 23, July 7, July 21, And Aug 4
Italian Dunkers 30 gm with Dipping Sauce 7 gm Carrots 6 gm (frozen or fresh) Fresh Fruit 18 gm Milk	French Toast Sticks 31gm Cheese Omelet 1 gm Tri-Potatoes 24 gm Mandarin Oranges 17 gm Milk	Foot Long Hotdog on a Whole Grain Bun 38 gm Vegetarian Baked Beans 43 gm Applesauce 14 gm Milk	Quesadilla 40gm Dipping Sauce 7 gm Corn 24 gm Annie's Bunny Grahams 26 gm Fresh Fruit 18 gm Milk	Chicken Patty Sandwich on Whole Grain Bun 43 gm Broccoli 8 gm(frozen) Cranraisins 28 gm Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 26, July 10, July 24, And Aug 7	June 27, July 11, July 25, And Aug 8	June 28, July 12, July 26, And Aug 9	June 29, July 13, July 27, And Aug 10 (Last Day)	June 30, July 14, July 28
Crispy Chicken Strips 15 gm Tri-Potato 12 gm Carrots 6gm(frozen or fresh) Strawberry Fruit Cup 22 gm Milk	Mini Corn Dogs 30 gm Warm Biscuit 13 gm Fresh Veggie Sticks 8gm Apricot cup 25 gm Milk	Whole Grain Cheese Stuffed Crust Pizza 35 gm Broccoli 8 gm (fresh or frozen) Frozen Fruit Swirl Cup 18 gm Milk	Mini Beef Burgers 28 gm 3 Bean Chili 40 gm Alphabet Cookies 22 gm Fresh Fruit 18 gm Milk	Mini Maple Pancakes 39 gm Cheese stick 1 gm Variety Vegetable 15 gm Variety Fruit 18 gm Milk

White Milk 13 gm Chocolate Skim Milk 22 gm

Menus are Pork-free and Peanut-free per manufacturers' labels

gm = grams of carbohydrates per item

*= also Summer Food Program

This institution is an equal opportunity provider.

There are employment opportunities in ISD 196 for daily and substitute Food Service positions.

To apply, log onto www.district196.org Click on "Employment". "Start an application..." etc.